## **FEBRUARY 2025**

## St. Marcus Lutheran School Corn & Wheat Free K4-4th Hot Lunch Menu \*\*ALLERGY MENU\*\*



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	4	5	6	7
Diced Chicken	Glazed Chicken Leg	Chicken Nacho Meat	Italian Meatsauce	
Mashed Potatoes	WG Brown Rice	Shredded Cheddar	Rice & Quinoa Pasta (1 cup)	NO SCHOOL
Baby Carrots	Cucumber Slices	Taco Sauce or Cholula	WG Pretzel Breadstick	
Chilled Mixed Fruit	Seasonal Fruit	Brown Rice (1 cup)	Broccoli Bites	
Choice of Milk	Gluten Free Crackers	Fiesta Black Beans	Seasonal Fruit	
	Choice of Milk	Seasonal Fruit	Choice of Milk	
		Choice of Milk		
10	11	12	13	14
Italian Meatsauce	Diced Chicken	Homemade Beef and Bean Chili	Glazed Chicken Leg	Valentines Day!
Rice & Quinoa Pasta (1 cup )	Mashed Potatoes	Shredded Cheese	Brown Rice ( 1 cup)	Kickin Chicken Alfredo
Baby Carrots	Seasonal Fruit	Baby Baker	Seasonal Vegetable	Twirly Pasta
Seasonal Fruit	Gluten Free Crackers	Cucumber and Grape Tomatoes	Seasonal Fruit	Romaine Salad w/ Dressing
Choice of Milk	Choice of Milk	Seasonal Fruit	Choice of Milk	Seasonal Fruit
		Choice of Milk		Choice of Milk
17	18	19	20	21
Glazed Chicken Leg	Diced Chicken	Homemade Beef and Bean Chili	Italian Meatsauce	Chicken Fajitas
WG Brown Rice (1 cup)	Mashed Potatoes	Shredded Cheese	Rice & Quinoa Pasta (1 cup)	WG Brown Rice
Broccoli Bites	Sweet Corn Kernels	Baby Bakers	Celery Sticks	Orange Medley Juice & Baby Carrot
Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
Choice of Milk	Choice of Milk	Choice of Milk	WG Gluten Free Crackers	Choice of Milk
			Choice of Milk	
24	25	26	27	28
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
	We'd Love your feedback!			MILK FOR SCHOOLS: SKIM WHITE
	$\leftarrow$ Scan the QR Code for			LOW FAT WHITE SKIM CHOCOLATE
	this week's survey!			J. M. GIIGGERIE
	Meal survey updated every			MENUL SUBJECT TO CHANCE
	Friday!			MENU SUBJECT TO CHANGE

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

This institution is an equal opportunity provider.

Corn & Wheat Free

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