


Type School Name Here

**MCFI**

**CACFP Hot Lunch**



**November  
2022**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MILK FOR CACFP'S:</b> UNFLAVORED WHOLE MILK (1 YEAR OLDS) UNFLAVORED SKIM or 1% (2-5 YEAR OLDS) CHOCOLATE SKIM (6+ YEAR OLDS)  <b>MENU SUBJECT TO CHANGE</b>	<b>1</b>  <b>Chicken Burrito Bowl</b> Ranchero Chicken and Beans With Shredded Cheese (1/2 oz) Over Cilantro Lime Rice Steamed Carrots Seasonal Fruit Milk	<b>2</b>  WG Cheese Pizza Sticks Marinara Dipping Sauce (1/4 cup) Fresh Romaine Salad with Dressing (1/2 cup) Seasonal Fruit Milk	<b>3</b>  Italian Meatsauce over Bowtie Pasta WG Breadstick Steamed Carrots Seasonal Fruit Milk	<b>4</b>  WG Chicken Smackers BBQ Sauce Packet Oven-Roasted Potatoes Seasonal Fruit Milk
<b>7</b>  WG Chicken Nuggets BBQ Sauce Packet Steamed Carrots Seasonal Fruit Milk	<b>8</b>  Orange Chicken over WG Brown Rice Broccoli Slaw Seasonal Fruit Milk	<b>9</b>  Beef Taco Meat and Shredded Cheese with WG Tortilla Triangles and Taco Sauce Ranchero Beans Seasonal Fruit Milk	<b>10</b>  Domino's Cheese Pizza Fresh Garden Salad Blend with Dressing Seasonal Fruit Milk	<b>11</b>  No School
<b>14</b>  WG Three Cheese Calzone Marinara Dipping Sauce (1/4 cup) Steamed Green Beans (1/4 cup) Seasonal Fruit Milk	<b>15</b>  WG Chicken Patty on WG Bun Vegetarian Baked Beans Seasonal Fruit Milk	<b>16</b>  Salisbury Steak with Gravy WG Pumpkin Bread Steamed Carrots Seasonal Fruit Milk	<b>17</b>  WG Cheese Pizza Sticks Marinara Dipping Sauce (1/4 cup) Fresh Romaine Salad with Dressing (1/2 cup) Seasonal Fruit Milk	<b>18</b>  WG Chicken Smackers (5) BBQ Sauce WG Mini Waffle Pouch Syrup Cup Steamed Carrots Seasonal Fruit Milk
<b>21</b>  Diced BBQ Chicken WG Biscuit Steamed Mixed Vegetables Seasonal Fruit Milk	<b>22</b>  Roasted Turkey with Gravy* WG Dinner Roll Mashed Potatoes Seasonal Fruit Milk	<b>23</b>  No School	<b>24</b>    <b>NO SCHOOL / MCFI CLOSED</b>	<b>25</b>  <b>NO SCHOOL / MCFI CLOSED</b>
<b>28</b>  Domino's Cheese Pizza Steamed Carrots Seasonal Fruit Milk	<b>29</b>  Diced Chicken and Gravy over WG Brown Rice Ketchup Packet Steamed Vegetables Seasonal Fruit Milk	<b>30</b>  Orange Chicken over WG Brown Rice Steamed Broccoli Seasonal Fruit Milk		

\*Due to the Avian Flu outbreak earlier this year, turkey may not be available and may be substituted with Creamy Chicken and Gravy.

This institution is an equal opportunity provider.

