


Type School Name Here



November 2022

MCFI

General Snack

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Turkey Salami and Cheese Squares WG Savory Crackers	2 Yogurt Canned Mixed Fruit (3/4 cup)	3 Turkey Ham and Cheese WG Tortilla Roll-Up	4 Whole Grain Muffin Milk
7 Whole Grain Cheddar Goldfish String Cheese	8 Whole Grain Pretzel Goldfish Yogurt	9 WG Graham Cracker Fresh Orange Wedges (6)	10 Half Turkey and Cheese Sandwich on Whole Wheat Bread	11 Whole Grain Muffin Milk
14 Whole Grain Pretzel Goldfish Milk	15 Whole Grain Muffin String Cheese	16 WG Graham Cracker Yogurt	17 Whole Grain Cheez-Its Canned Mixed Fruit (3/4 cup)	18 Whole Grain Cereal Milk
21 Whole Grain Cheddar Goldfish Milk	22 Whole Grain Pretzel Goldfish Yogurt	23 Half Turkey and Cheese Sandwich on Whole Wheat Bread	24  NO SCHOOL / MCFI CLOSED	25 NO SCHOOL / MCFI CLOSED
28 WG Graham Cracker String Cheese	29 Turkey Salami and Cheese Squares WG Savory Crackers	30 Yogurt Canned Mixed Fruit (3/4 cup)	MILK FOR CACFP'S: UNFLAVORED WHOLE MILK (1 YEAR OLDS) UNFLAVORED SKIM or 1% (2-5 YEAR OLDS) CHOCOLATE SKIM (6+ YEAR OLDS) MENU SUBJECT TO CHANGE	

*All Grains are Whole Grain or Whole Grain-Rich

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