

MCFI

K4-4th Cold Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>MILK FOR SCHOOL:</u> SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE		1 No School – Winter Break	2 No School – Winter Break	3 No School – Winter Break
6 WG Goldfish Pretzels Strawberry Banana Yogurt 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk	7 WG Crunchmania - Cinnamon Bun 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk	8 WG Honey Cheerios Cereal Bowl Hard Boiled Egg or String Cheese 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk	9 Apple Cinnamon Spread WG Honey Grahams 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk	10 WG Blueberry Bread Slice 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk
13 WG Cherry Apple Dunker Bar 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk	14 Creamy Chickpea Spread WG Animal Cracker 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk	15 WG Cinnamon filled Mini Bagel 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk	16 Honey Roasted Sunflower Seeds WG Corn Chex Cereal Bowl 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk	17 Flex Friday No Lunch Served
20 WG Cinnamon Bread Slice 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk	21 String Cheese WG Golden Grahams Cereal Bowl 100% Fruit Juice Mixed Dried Fruit Choice of Milk	22 WG Cheerios Cereal Bowl WG Maple Waffle Crackers 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk	23 Banana Choc Chip Granola Round 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk	24 No School – Teacher PD
27 WG Banana Bread Slice 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk	28 WG Vanilla Bear Crackers Apple Cinnamon Spread 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk	29 WG Triple Berry Dunker Bar 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk	30 WG Multigrain Cheerios Bowl Honey Roasted Sunflower Seeds 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk	31 WG Crunchmania - Cinnamon Bun 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk