



MCFI

General Snack

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MILK FOR CACFP'S: UNFLAVORED WHOLE MILK (1 YEAR OLDS) UNFLAVORED SKIM or 1% (2-5 YEAR OLDS) CHOCOLATE SKIM (6+ YEAR OLDS) MENU SUBJECT TO CHANGE		1 No School – Winter Break	2 No School – Winter Break	3 No School – Winter Break
6 Whole Grain Cheddar Goldfish Bean Dip Cup	7 Whole Grain Muffin String Cheese	8 WG Graham Cracker Yogurt	9 Whole Grain Cereal Milk	10 WG Graham Cracker Canned Mixed Fruit (3/4 cup)
13 Whole Grain Pretzel Goldfish Milk	14 Half Turkey and Cheese Sandwich on Whole Wheat Bread	15 Whole Grain Muffin Milk	16 Whole Grain Pretzel Goldfish Bean Dip Cup	17 Flex Friday No Snacks Served
20 WG Graham Cracker String Cheese	21 Turkey Salami and Cheese Squares WG Savory Crackers	22 Yogurt Canned Mixed Fruit (3/4 cup)	23 Turkey Ham and Cheese WG Tortilla Roll-Up	24 No School – Teacher PD
27 Whole Grain Cheddar Goldfish String Cheese	28 WG Graham Cracker Fresh Orange Wedges (6)	29 Whole Grain Cereal Milk	30 WG Graham Cracker Yogurt	31 WG Graham Cracker Canned Mixed Fruit (3/4 cup)

*All Grains are Whole Grain or Whole Grain-Rich

This institution is an equal opportunity provider.