

Oct 2024

St. Marcus Lutheran School

Maple & Bean Free K4-8 Hot Lunch Menu ****ALLERGY MENU****



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Turkey Hot Dog on WG Bun Ketchup or Mustard Cooked Carrots Seasonal Fruit Assorted WG Crackers Choice of Milk	2 Beef Taco WG Soft Flour Tortilla Shredded Cheese Taco Sauce or Cholula Packet Sweet Corn Seasonal Fruit Choice of Milk	3 WG Popcorn Chicken (5 Each) Colby Jack Cheese Stick NO WAFFLES NO SYRUP Use Buttermilk Biscuit w/ Jelly NEW Orange Medley Veg Juice Seasonal Fruit Choice of Milk	4 Kickin' Chicken Alfredo Twirly Pasta WG Dinner Roll Fresh Broccoli Bites Seasonal Fruit Choice of Milk
7 Beef Meatballs & Gravy WG Buttermilk Biscuit w/ Jelly Steamed Corn Kernels Seasonal Fruit Choice of Milk	8 WG Popcorn Chicken (10) Romaine Salad Ranch Dressing Packet WG Pretzel Breadstick Seasonal Fruit Choice of Milk	9 <u>Let's celebrate national chili month!</u> Hearty Beef and Bean Chili NO BEANS Shredded Cheddar Cheese WG Cornbread WG Goldfish Crackers Crunchy Baby Carrots Seasonal Fruit Choice of Milk	10 <u>Wisconsin Great Apple Crunch Day!</u> Chicken Fajitas WG Flour Tortilla USE SUBSTITUTE VEGETABLE Taco sauce or Cholula Seasonal Fruit Choice of Milk	11 WG Cheese Pizza Sticks Marinara Dipping Sauce Cooked Green Beans Seasonal Fruit Choice of Milk
14 Teriyaki Chicken WG Brown Rice Fresh Broccoli Bites Seasonal Fruit Choice of Milk	15 Chicken Nuggets WG Dinner Roll USE SUBSTITUTE VEGETABLE Seasonal Fruit Choice of Milk	16 Italian Meatball Sub WG Bun Mozzarella Cheese Baby Carrots Seasonal Fruit Choice of Milk	17 Glazed Chicken Drumstick WG Cornbread Sweet Corn Kernels Seasonal Fruit Choice of Milk	18 NO SCHOOL
21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL
28 <u>DOMINOS PIZZA DAY-</u> Dominos Cheese Pizza Slice Baby Carrots Seasonal Fruit Assorted WG Crackers Choice of Milk	29 WG Breaded Crispy Chicken Sandwich WG Bun Mayo or Franks Hot Sauce Sweet Corn Kernels Seasonal Fruit Choice of Milk	30 Chicken Pot Pie WG Buttermilk Biscuit Green Beans Seasonal Fruit Choice of Milk	31 HAPPY HALLOWEEN! Cheeseburger WG Bun Ketchup & Mustard USE SUBSTITUTE VEGETABLE Seasonal Fruit Choice of Milk	MILK FOR SCHOOLS: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY Revised 9/22/24

This institution is an equal opportunity provider.

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