

Oct 2024

St. Marcus Lutheran School

Bean and Maple Free K4-8 Breakfast Menu ****ALLERGY MENU****



MCFI
MILWAUKEE CENTER
FOR INDEPENDENCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 WG Blueberry Chex WG Vanilla Bear Grams 100% Fruit Juice Mandarin Orange Cups Choice of Milk	2 -HOT BREAKFAST- WG Cinnamon Toast Crunch Soft Bread** 100% Fruit Juice Fresh Banana Choice of Milk	3 WG RS Cocoa Puffs Cereal WG Strawberry Waffle grams 100% Fruit Juice Seasonal Fruit Choice of Milk	4 -HOT BREAKFAST- USE ALTERNATIVE HOT BREAKFAST 100% Fruit Juice Dried Mixed Fruit Choice of Milk
7 -HOT BREAKFAST- WG Caramel Cinni Minis** Applesauce cup Choice of Milk	8 WG RS Trix Cereal WG Honey Gram Crackers 100% Fruit Juice Dried Apple Crisps Choice of Milk	9 -HOT BREAKFAST- WG Confetti Pancakes** NO SYRUP- USE HONEY OR JELLY 100% Fruit Juice Fresh Banana Choice of Milk	10 WG Lemon Bread Slice** 100% Fruit Juice Seasonal Fruit Choice of Milk	11 -HOT BREAKFAST- WG Strawberry Cream Cheese Filled Bagel 100% Fruit Juice Dried Pineapple Choice of Milk
14 -HOT BREAKFAST- WG Cinnamon Glazed Pancakes** 100% Fruit Juice Applesauce Cup Choice of Milk	15 WG Chocolate Bear Grahams Cheese Stick 100% Fruit Juice Dried Mixed Fruit Choice of Milk	16 -HOT BREAKFAST- Colby Cheese Omelet** 100% Fruit Juice Fresh Banana Choice of Milk	17 WG Triple Berry Crunch Dunker Bar** 100% Fruit Juice Fruit Cup Choice of Milk	18 NO SCHOOL
21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL
28 -HOT BREAKFAST- WG Apple Texas Toast** 100% Fruit Juice Applesauce Cup Choice of Milk	29 WG Strawberry Pop Tart** 100% Fruit Juice Dried Fruit Choice of Milk	30 -HOT BREAKFAST- WG Ham & Cheese Stuffer** 100% Fruit Juice Fresh Banana Choice of Milk	31 Happy Halloween! WG Pumpkin Breakfast Bread Slice** 100% Fruit Juice Diced Peach Cup Choice of Milk	MILK FOR SCHOOLS: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY Revised 9/22/24
This institution is an equal opportunity provider.

ST MARCUS Maple & Bean Free K4-8 BF Menu