

SEPTEMBER 2023

St. Marcus Lutheran School CACFP Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MILK FOR CACFPs: UNFLAVORED SKIM or 1% (2-5 YEAR OLDS) CHOCOLATE SKIM (6+ YEAR OLDS) MENU SUBJECT TO CHANGE				1 Cheesy Italian Pull Apart Marinara Dipping Sauce Steamed Corn Seasonal Fruit Choice of Milk
4 HAPPY LABOR DAY	5 Popcorn Chicken Ranch Packet Vegetarian Baked Beans Seasonal Fruit Choice of Milk	6 Mac and Cheese WG Pretzel Breadstick Sweet Peas Seasonal Fruit Choice of Milk	7 Lasagna Roll-Ups in Marinara Steamed Mixed Vegetables Seasonal Fruit Choice of Milk	8 Chef Choice Italian Sub!!! With Cheese Slice WG Bun Mayo or Mustard Packet Steamed Carrots Seasonal Fruit Choice of Milk
11 Sweet and Sour Chicken WG Brown Rice Steamed Broccoli Seasonal Fruit Choice of Milk	12 Italian Meatball Sub Shredded Mozzarella Steamed Carrots Seasonal Fruit Choice of Milk	13 Salisbury Steak w/Gravy Roasted Baby Baker Potatoes WG Biscuit w/ Grape Jelly Seasonal Fruit Choice of Milk	14 Chicken Soft Taco 1 WG Soft Tortilla Shredded Cheese Fiesta Black Beans Seasonal Fruit Choice of Milk	15 Domino's Cheese Pizza Garden Salad Dressing Packet Seasonal Fruit WG Goldfish Grahams Choice of Milk
18 WG Chicken Nuggets BBQ Sauce Corn Bread Steamed Sweet Carrots Seasonal Fruit Choice of Milk	19 Beef Taco Meat Shredded Cheese WG Soft Tortilla Fiesta Black Beans Seasonal Fruit Choice of Milk	20 WG Breaded Chicken Patty Sandwich on WG Bun w/ Mayo or Hot Sauce Steamed Green Beans Seasonal Fruit Choice of Milk	21 Diced Chicken w/ Gravy WG Biscuit w/ Jelly Mashed Potatoes Seasonal Fruit Choice of Milk	22 NO SCHOOL
25 Pizza Sticks Marinara Dipping Sauce (1/4 cup) Steamed Mixed Vegetables Seasonal Fruit Choice of Milk	26 Teriyaki Chicken WG Brown Rice Steamed Broccoli Seasonal Fruit Choice of Milk	27 Pop Corn Chicken BBQ Sauce WG Eggo Maple Waffles Cucumber Slices Seasonal Fruit Choice of Milk	28 BBQ Pork or Chicken Sandwich WG Bun Steamed Corn Seasonal Fruit Choice of Milk	29 Southwest Burger WG Bun Ketchup Vegetarian Baked Beans Seasonal Fruit Choice of Milk

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

CACFP HOT LUNCH

This institution is an equal opportunity provider.

Revised 8.24.23