## St. Marcus Lutheran Schools

## **MCFI** *K*3 (CACFP) Hot Lunch



## December 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
UNF UNF CHO *Wat	(FOR CACFP'S: LAVORED WHOLE MILK (1 YEAR OLDS) LAVOREDSKIM or 1% (2-5 YEAR OLDS) COLATE SKIM (6+ YEAR OLDS) ter is always a choice U SUBJECT TO CHANGE			1 Italian Meatsauce over Bowtie Pasta WG Breadstick Fresh Cucumber Slices Seasonal Fruit Milk	2 WG Chicken Smackers BBQ Sauce Packet Steamed Mixed Vegetables Seasonal Fruit Milk
5	WG Three Cheese Calzone Marinara Sauce (1/4 cup) Steamed Carrots (1/4 cup) Seasonal Fruit Milk	6 Sweet and Sour Chicken over WG Brown Rice Steamed Broccoli Seasonal Fruit Milk	7 Homemade Beef and Bean Chili with Shredded Cheese WG Cheddar Goldfish Crackers Steamed Carrots Seasonal Fruit Milk	8 Diced Chicken and Gravy Mashed Potatoes WG Blueberry Muffin Seasonal Fruit Milk	9 Cheeseburger on WG Bun Ketchup Packet Vegetarian Baked Beans Seasonal Fruit Milk
12	Diced BBQ Chicken WG Cornbread Steamed Corn Seasonal Fruit Milk	<b>13</b> Beef Taco Meat and Shredded Cheese on WG Tortilla Taco Sauce Ranchero Beans Seasonal Fruit Milk	<b>14</b> Domino's Cheese Pizza Steamed Carrots Seasonal Fruit Milk	<b>15</b> WG Chicken Patty on WG Bun Mayo Packet Steamed Broccoli Seasonal Fruit Milk	16 Roasted Turkey with Gravy WG Biscuit Roasted Sweet Potatoes Seasonal Fruit Milk
19	Chicken Burrito Bowl Ranchero Chicken and Beans With Shredded Cheddar (1/2 oz) Over Cilantro Lime Rice Steamed Carrots Seasonal Fruit Milk	20 WG Chicken Smackers (5) BBQ Sauce WG Mini Waffle Pouch Syrup Cup Yogurt Cup Roasted Sweet Potatoes Seasonal Fruit Milk	21 NO SCHOOL / MCFI CLOSED	22 NO SCHOOL / MCFI CLOSED	23 NO SCHOOL / MCFI CLOSED
26	NO SCHOOL / MCFI CLOSED	27 NO SCHOOL / MCFI CLOSED	28 NO SCHOOL / MCFI CLOSED	29 NO SCHOOL / MCFI CLOSED	30 NO SCHOOL / MCFI CLOSED

This institution is an equal opportunity provider.