Oct 2024

St. Marcus Lutheran School DAIRY & EGG FREE K4-8th Breakfast Menu **ALLERGY MENU**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	SAME AS K-12 MENU Dairy Free Milk	2 -HOT BREAKFAST- Dairy & Egg Free Specialty Hot Breakfast** 100% Fruit Juice Fresh Banana Dairy Free Milk	SAME AS K-12 MENU Dairy Free Milk	-HOT BREAKFAST- Dairy & Egg Free Specialty Hot Breakfast** 100% Fruit Juice Dried Mixed Fruit Dairy Free Milk
-HOT BREAKFAST- Dairy & Egg Free Specialty Hot Breakfast** Applesauce cup Dairy Free Milk	SAME AS K-12 MENU Dairy Free Milk	9 -HOT BREAKFAST- Dairy & Egg Free Specialty Hot Breakfast** 100% Fruit Juice Fresh Banana Dairy Free Milk	Dairy & Egg Free WG Cereal (6 grams of sugar or less) Dairy & Egg Free WG Crackers 100% Fruit Juice Seasonal Fruit Dairy Free Milk	-HOT BREAKFAST- Dairy & Egg Free Specialty Hot Breakfast** 100% Fruit Juice Dried Pineapple Dairy Free Milk
-HOT BREAKFAST- Dairy & Egg Free Specialty Hot Breakfast** 100% Fruit Juice Applesauce Cup Dairy Free Milk	SAME AS K-12 MENU NO CHEESE USE DAIRY/EGG FREE CRACKER Dairy Free Milk	-HOT BREAKFAST- Dairy & Egg Free Specialty Hot Breakfast** 100% Fruit Juice Fresh Banana Dairy Free Milk	Dairy & Egg Free WG Cereal (6 grams of sugar or less) Dairy & Egg Free WG Crackers 100% Fruit Juice Fruit Cup Dairy Free Milk	18 NO SCHOOL
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	25 NO SCHOOL
-HOT BREAKFAST- Dairy & Egg Free Specialty Hot Breakfast** 100% Fruit Juice Applesauce Cup Dairy Free Milk	SAME AS K-12 MENU Dairy Free Milk	-HOT BREAKFAST- Dairy & Egg Free Specialty Hot Breakfast** 100% Fruit Juice Fresh Banana Dairy Free Milk	Happy Halloween! Dairy & Egg Free WG Cereal (6 grams of sugar or less) Dairy & Egg Free WG Crackers 100% Fruit Juice Diced Peach Cup Dairy Free Milk	MILK FOR SCHOOLS: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE