

# May 2024

## St. Marcus Lutheran School

### K4-8th DAIRY & EGG FREE Hot Lunch Menu

### ALLERGY MENU



**MCFI**  
MILWAUKEE CENTER  
FOR INDEPENDENCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>MILK FOR SCHOOLS:</b> Per MD Order</p> <p>MENU SUBJECT TO CHANGE</p>		<p><b>1</b></p> <p>Chicken Nuggets Dinner Roll or Pretzel Breadstick Baby Carrots or Steamed Carrots Seasonal Fruit Dairy Free Milk</p> <p><i>Cheesy pull aparts contain dairy</i></p>	<p><b>2</b></p> <p>Turkey Hot Dog WG Bun Ketchup and Mustard Steamed Sweet Peas Seasonal Fruit Dairy Free Milk</p> <p><i>Mac and cheese contains dairy &amp; egg</i></p>	<p><b>3</b></p> <p><b>SAME AS K-8 MENU</b> <b>NO MAYO- SUB BBQ</b> <b>NO RANCH</b> Dairy Free Milk</p>
<p><b>6</b></p> <p>Teriyaki Chicken WG Brown Rice Baby Carrots Seasonal Fruit Assorted WG Crackers Dairy Free Milk</p> <p><i>Orange Chicken Contains Egg</i></p>	<p><b>7</b></p> <p><b>SAME AS K-8 MENU</b> <b>NO Cheese- use extra meat</b> <b>NO RANCH</b> Dairy Free Milk</p>	<p><b>8</b></p> <p><b>SAME AS K-8 MENU</b> <b>NO MAYO- SUB BBQ</b> Dairy Free Milk</p>	<p><b>9</b></p> <p>Oven Roasted Turkey <b>NO GRAVY</b> WG Dinner Roll w/ Jelly Baby Bakers or Oven Roasted Potatoes Seasonal Fruit Dairy Free Milk</p> <p><i>Gravy &amp; mashed potatoes contain dairy</i></p>	<p><b>10</b></p> <p>WG Chicken Nuggets Pretzel Breadstick BBQ Sauce Fresh Broccoli Bites Seasonal Fruit Dairy Free Milk</p> <p><i>Pizza sticks contain dairy</i></p>
<p><b>13</b></p> <p>Chicken Taco WG Tortilla Taco Sauce Packet Fiesta Black Beans Seasonal Fruit Dairy Free Milk</p> <p><i>Burritos contain dairy</i></p>	<p><b>14</b></p> <p><b>SAME AS K-8 MENU</b> <b>NO Cheese- use extra meat</b> Dairy Free Milk</p>	<p><b>15</b></p> <p>Crispy Chicken Salad -Chicken Nuggets or Chicken Patty- w/ Romaine Salad Dressing Packet (<b>NO RANCH</b>) Pretzel Breadstick Seasonal Fruit Dairy Free Milk</p> <p><i>Popcorn chicken contains dairy</i></p>	<p><b>16</b></p> <p>Chefs Choice Sub on WG Bun <b>NO CHEESE</b> Mustard Packet Cucumber Slices Seasonal Fruit WG Dairy &amp; Egg Free Crackers Dairy Free Milk</p> <p><i>Dominos Pizza contains dairy</i></p>	<p><b>17</b></p> <p><b>SAME AS K-8 MENU</b> <b>NO GRAVY (Use plain meatballs)</b> <b>NO Cornbread- sub dinner roll or</b> <b>pretzel breadstick</b> Dairy Free Milk</p>
<p><b>20</b></p> <p><b>SAME AS K-8 MENU</b> <b>USE DAIRY &amp; EGG FREE CRACKER</b> Dairy Free Milk</p>	<p><b>21</b></p> <p><b>SAME AS K-8 MENU</b> <b>NO CHEESE</b> <b>USE DAIRY &amp; EGG FREE CRACKER</b> Dairy Free Milk</p>	<p><b>22</b></p> <p><b>SAME AS K-8 MENU</b> <b>NO CHEESE</b> <b>NO MAYO- USE Mustard or BBQ</b> Dairy Free Milk</p>	<p><b>23</b></p> <p><b>SAME AS K-8 MENU</b> Dairy Free Milk</p>	<p><b>24</b></p> <p>-NOON DISMISSAL-</p>
<p><b>27</b></p> <p>-MEMORIAL DAY- MCFI CLOSED</p>	<p><b>28</b></p>	<p><b>29</b></p>	<p><b>30</b></p>	<p><b>31</b></p>

**MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY**

This institution is an equal opportunity provider.

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