

May 2024

St. Marcus Lutheran School CACFP Dairy & Egg Free Hot Lunch Menu



ALLERGY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MILK FOR CACFPs: Per MD Order MENU SUBJECT TO CHANGE		1 Chicken Nuggets Dinner Roll or Pretzel Breadstick Steamed Carrots Seasonal Fruit Dairy Free Milk <i>Cheesy pull aparts contain dairy</i>	2 Turkey Deli Sandwich on WG Bread Mustard Steamed Sweet Peas Seasonal Fruit Dairy Free Milk <i>Mac and cheese contains dairy & egg</i>	3 SAME AS CACFP MENU NO MAYO- SUB BBQ NO RANCH Dairy Free Milk
6 Teriyaki Chicken WG Brown Rice Steamed Vegetables Seasonal Fruit Dairy Free Milk <i>Orange Chicken Contains Egg</i>	7 SAME AS CACFP MENU NO Cheese- use extra meat NO RANCH Dairy Free Milk	8 SAME AS CACFP MENU NO MAYO- SUB BBQ Dairy Free Milk	9 Oven Roasted Turkey NO GRAVY WG Dinner Roll w/ Jelly Baby Bakers or Oven Roasted Potatoes Seasonal Fruit Dairy Free Milk <i>Gravy & mashed potatoes contain dairy</i>	10 WG Chicken Nuggets Pretzel Breadstick BBQ Sauce Fresh Broccoli Bites Seasonal Fruit Dairy Free Milk <i>Pizza sticks contain dairy</i>
13 Chicken Taco WG Tortilla Taco Sauce Packet Fiesta Black Beans Seasonal Fruit Dairy Free Milk <i>Burritos contain dairy</i>	14 SAME AS CACFP MENU NO Cheese- use extra meat Dairy Free Milk	15 Crispy Chicken Salad -Chicken Nuggets or Chicken Patty- w/ Romaine Salad Dressing Packet (NO RANCH) Pretzel Breadstick Seasonal Fruit Dairy Free Milk <i>Popcorn chicken contains dairy</i>	16 Chefs Choice Sub on WG Bun NO CHEESE Mustard Packet Cucumber Slices Seasonal Fruit WG Dairy & Egg Free Crackers Dairy Free Milk <i>Dominos Pizza contains dairy</i>	17 SAME AS CACFP MENU NO GRAVY (Use plain meatballs) NO Cornbread- sub dinner roll or pretzel breadstick Dairy Free Milk
20 SAME AS CACFP MENU USE DAIRY & EGG FREE CRACKER Dairy Free Milk	21 SAME AS CACFP MENU NO CHEESE USE DAIRY & EGG FREE CRACKER Dairy Free Milk	22 SAME AS CACFP MENU NO CHEESE NO MAYO- USE Mustard or BBQ Dairy Free Milk	23 SAME AS CACFP MENU NO CHEESE Dairy Free Milk	24 -Noon Dismissal-
27 -MEMORIAL DAY- MCFI CLOSED	28	29	30	31

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

This institution is an equal opportunity provider.

ST Marcus CACFP DAIRY & EGG FREE Hot Lunch Menu