

May 2024

St. Marcus Lutheran School

K4-8th Breakfast Menu **ALLERGY MENU**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MILK FOR SCHOOLS: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE	MAPLE BEAN ALLERGY MENU	1 WG RS Cocoa Puffs WG Cinnamon Goldfish Grahams 100% Fruit Juice Fresh Banana Choice of Milk	2 WG Triple Berry Crunch Dunker Bar** 100% Fruit Juice Pineapple Fruit Cup Choice of Milk	3 -HOT BREAKFAST- WG Egg, Cheese and Turkey Sausage Breakfast Burrito Taco Sauce 100% Fruit Juice Seasonal Fruit Choice of Milk
6 -HOT BREAKFAST- ALTERNATE HOT BF ITEM NO SYRUP SEND JELLY INSTEAD 100% Fruit Juice Applesauce Cup Choice of Milk	7 WG Cinnamon Pop Tart** 100% Fruit Juice Mandarin Orange Fruit Cup Choice of Fruit	8 WG Banana Breakfast Bread Slice** 100% Fruit Juice Fresh Banana Choice of Milk	9 WG Blueberry Muffin Cheddar Cheese Stick 100% Fruit Juice Dried Pineapple Choice of Milk	10 -HOT BREAKFAST- WG Cinnamon Glazed Pancakes 100% Fruit Juice Seasonal Fruit Choice of Milk
13 -HOT BREAKFAST- ALTERNATE HOT BF ITEM 100% Fruit Juice Berry Applesauce Cup Choice of Milk	14 WG Caramel Mini Cinni's** 100% Fruit Juice Watermelon Raisins Choice of Milk	15 WG Strawberry Rockin'ola Strawberry Yogurt Cup 100% Fruit Juice Fresh Banana Choice of Milk	16 WG Golden Grahams Cereal WG Granola Crispy Bites 100% Fruit Juice Diced Peach Cup Choice of Milk	17 -HOT BREAKFAST- WG Mini Chocolate Chip French Toast** 100% Fruit Juice Seasonal Fruit Choice of Milk
20 -HOT BREAKFAST- WG Confetti Mini Pancakes** NO SYRUP CUP SEND JELLY INSTEAD 100% Fruit Juice Applesauce Cup Choice of Milk	21 WG Cinnamon Toast Crunch Soft Bread** 100% Fruit Juice Mixed Fruit w/ Cherries Cup Choice of Milk	22 WG Cinnamon Flakes Cereal Cheese Stick 100% Fruit Juice Fresh Banana Choice of Milk	23 WG Apple Cinnamon Muffin WG Chocolate Bear Grahams 100% Fruit Juice Dried Mixed Fruit Choice of Milk	24 -HOT BREAKFAST- WG Egg, Cheese and Turkey Sausage Breakfast Burrito Taco Sauce 100% Fruit Juice Seasonal Fruit Choice of Milk
27 -MEMORIAL DAY- MCFI CLOSED	28	29	30	31

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY
 This institution is an equal opportunity provider.

St Marcus K4-8th Maple/Bean Menu