

# May 2024

## St. Marcus Lutheran School

### K4-8th Hot Lunch Menu **ALLERGY MENU**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MILK FOR SCHOOLS:</b> <b>SKIM WHITE</b> <b>LOW FAT WHITE</b> <b>SKIM CHOCOLATE</b>  <b>MENU SUBJECT TO CHANGE</b>	<b>MAPLE AND BEAN ALLERGY MENU</b>	<b>1</b>  Cheesy Italian Pull Aparts Marinara Dipping Sauce Baby Carrots or Steamed Carrots Seasonal Fruit Choice of Milk	<b>2</b>  Mac & Cheese (Full Portion) Dinner Roll Steamed Sweet Peas Seasonal Fruit Choice of Milk	<b>3</b>  Grilled Chicken on a WG Bun Hot Sauce and Mayo Garden Blend Salad w/ Dressing Seasonal Fruit Choice of Milk
<b>6</b>  Orange Chicken WG Brown Rice Baby Carrots Seasonal Fruit Assorted WG Crackers <b>NO MAPLE FLAVOR</b> Choice of Milk	<b>7</b>  Turkey Ham and Cheese Chefs Salad WG Pretzel Breadstick Garden Salad Blend w/ Ranch Seasonal Fruit WG Vanilla Graham Crackers Choice of Milk	<b>8</b>  Chicken Patty Sandwich WG Hamburger Bun Franks Hot Sauce or Mayo <b>SEND ALTERNATE VEG</b> Seasonal Fruit Choice of Milk	<b>9</b>  Oven Roasted Turkey & Gravy WG Buttermilk Biscuit w/ Jelly Mashed Potatoes Seasonal Fruit Choice of Milk	<b>10</b>  WG Cheese Pizza Sticks Marinara Dipping Sauce Fresh Broccoli Bites & Ranch Seasonal Fruit Choice of Milk
<b>13</b>  WG Beef and Cheese Burrito Taco Sauce Packet <b>SEND ALTERNATE VEG</b> Seasonal Fruit Choice of Milk	<b>14</b>  Chicken and Cheese Philly with Peppers and Onions Shredded Cheese WG Bun Steamed Corn Seasonal Fruit Choice of Milk	<b>15</b>  Crispy Chicken Salad (10 each) w/ Romaine Salad Dressing Packet Pretzel Breadstick Seasonal Fruit Choice of Milk	<b>16</b>  <b>-DOMINOS PIZZA DAY-</b> Domino's Cheese Pizza Slice Cucumber Slices Seasonal Fruit WG Crackers <b>NO MAPLE FLAVOR</b> Choice of Milk	<b>17</b>  Meatballs & Gravy WG Brown Rice WG Corn Bread Baby Carrots Seasonal Fruit Assorted WG Cracker <b>NO MAPLE FLAVOR</b> Choice of Milk
<b>20</b>  WG Chicken Nuggets w/ BBQ WG Pretzel Breadstick Baby Carrots Seasonal Fruit Assorted WG Crackers <b>NO MAPLE FLAVOR</b> Choice of Milk	<b>21</b>  Beef or Pork Taco Shredded Cheese Taco Sauce Packet WG Flour Tortilla <b>SEND ALTERNATE VEG</b> Seasonal Fruit WG Graham Crackers Choice of Milk	<b>22</b>  -Chefs Choice Sub- Turkey Deli Meat & Cheese Slice Shredded Lettuce Mayo & Mustard WG Bun Oven Roasted Potatoes Seasonal Fruit Choice of Milk	<b>23</b>  Turkey Kielbasa WG Bun Ketchup & Mustard Seasonal Veggies Seasonal Fruit or 100% Juice Assorted WG Crackers <b>NO MAPLE FLAVOR</b> Choice of Milk	<b>24</b>  -Noon Dismissal-
<b>27</b>  -MEMORIAL DAY- MCFI CLOSED	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>

**MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY**  
 This institution is an equal opportunity provider.

**St Marcus K4-8 Maple/Bean Menu**