

## 2025-26 Counseling Program

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### Why Counseling?

Counseling may be beneficial for students who struggle with:

- Behavior
- Managing Emotions
- Peer Relationships/ Social Skills
- Academics
- Motivation
- Major life changes: i.e. loss of a loved one, change in residence, divorce

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### Counseling Services

Counseling services may include, but are not limited to:

- Individual counseling
- Group counseling
- Classroom lessons
- Communication with necessary staff, parents, and/or community service agencies.

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### Counseling Staff

Counseling staff are employed by Christian Family Solutions, in partnership with St. Marcus Lutheran School.

- *Jessica Tellier, MSW, APSW  
School-Based Therapist (NAC)*
- *Cyleer Love, MSW, APSW  
School-Based Therapist (CSC)*
- *Jenna Buettner, MSW, APSW  
School Based Therapist (KSC)*

### Referral Process

Step 1: Students may be referred to counseling in one of the following ways:

- Online Parent/Legal Guardian [Referral Form](#) or contact your grade level Dean
- Teacher or Other Staff
  - Online, email, or in-person communication with counseling team
- Student Self-Referral
  - Online, email, or in-person communication with counseling team

Step 2: Counseling team will then contact the student's parent or legal guardian to discuss concerns and available options.

Step 3: Counseling team will coordinate in-school counseling services with counseling staff and relevant school staff, or assist with referral to outside services.

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### Questions

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St. Marcus Lutheran School

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